

Early Years

In Early Years PSED is taught constantly within our setting through high quality interactions with the children in our care. Providing relevant activities linked the **children's interests**. It is at the core of our provision. We want the children in our care to be able to **develop secure and positive relationships with their peers and significant adults** and begin to identify their emotions.

Self-Regulation

The children in our care are encouraged and supported to develop the **language skills** to enable them to make their needs known to everyone in setting. The children are encouraged to communicate using age-appropriate language. We also encourage the use of Makaton if this helps the children communicate their needs.

At Leonard Stanley, we feel it is important that **every child develops a love of reading** and help the children to understand that information comes from books and books can help us find ways to support and understand our emotions. We share stories daily to help us develop the children's understanding of many aspects of PSED. Be this dealing with emotions, keeping clean and healthy. We use stories many, many stories, for example Colour Monster, Worrysaurus ,My bag full of worries, The Day the Crayons Came Home and Lost and Found. Stories also help children understand and identify feelings; we ensure that the children understand it's okay to have big emotions.

Managing Self

We have children join us from 2 years old, so we play a huge part in supporting parents with toilet training ensuring the children are clean and dry when they start school. This is done with lots of positive reinforcement and following the parents lead when they feel their child is ready for the next step.

Building Relationships

Turn taking and sharing, are very important in early years, we help the children understand how to share and we provide the children with strategies to help them resolve conflict, be this through encouraging them to use visual prompts such as timers, suggesting that they choose a different activity until space becomes available or supporting them to employ their own strategy that works for them. We also explain about fairness and providing children with the **language** and strategies overcome this.