

Starting School Checklist.

Here are a few things to help your child get ready for school. Being able to do some of these things helps them settle in school life much more quickly.

Self-care

I know when to wash my hands.
I can wipe my nose.
I can ask for help when I don't feel well.

Speaking and Literacy

I am interested in reading stories and looking at picture books.
I am able to talk about myself, my needs and feelings.
I am practising recognising my name.

Getting dressed and undressed on my own

I can put my own clothes on.
I can put on my own shoes and socks.
I can put my coat on.

Interest in the world and new activities

I am enjoying learning about the world around me.
I am interested in exploring new activities or environments.
I like asking questions.

Eating

I can use a knife and fork.
I can open my packed lunch on my own.
I ask for help to open wrappers and packaging.

Writing

I like tracing patterns and colouring in.
I enjoy experimenting with different shaped scribbles.
I am practising holding a pencil.

Going to the toilet

I can go to the toilet on my own, wipe myself properly and flush.
I can wash and dry my hands

Listening and understanding

I am able to sit still and listen for a short while.
I can follow instructions.
I can understand the need to follow rules.

Sharing and turn taking

I can share toys and take turns.
I can play games with others.
I can interact with other children.

Counting skills

I enjoy practising counting objects.
I like saying number rhymes and playing counting games.
I can recognise some numbers when they are written down.

Routines

I have practised putting on my uniform and getting ready to leave on time.
I have a good bedtime routine so I am not feeling tired for school.